

Spouse Start! Right Start Expanded: Empowering Spouses to Thrive at Aviano AB

AGENDA

0800-0815: Social Time, breakfast items & coffee served

0815-0830: Welcome, Ice Breaker

NETWORKING!

0830-0840: A&FRC Overview

- Heart Link

- Key Spouse

- Spouse It Up

- Bundles for Babies

- Deployment Resources

- Where to go for information: Spouses Spotlight Bulletin Board/ Radio/Compass

0840-0900: Senior Leadership Welcome

0900-0910: Aviano Officers & Civilians Spouses Club (AOCSC)

0910-0920: Aviano Community of Enlisted Spouses (ACES)

0920-0930: **BREAK**

TRANSPORTATION!

0930-0940: Italian Bus and Train Schedules

CHILDCARE!

0940-0955: Asilo Information:

- Overview and Registration Requirements

- Differences between Italian and AF programs

0955-1010: CDC/AYP overview

- Parent's Night Out

- GPAB

- Other programs

1010-1020: Parent Co-Op

- Lil Bambino Playgroup

1020-1030: **BREAK/QUIZ**

1030-1045: Family Advocacy

- Child Supervision Guidelines

- Playgroups: Walkers and Talkers/ Wee Ones

JOBS!

1045-1100: A&FRC Employment Resources
A&FRC Employment Class,
Volunteering,
Home Based Businesses

1100-1115: CPO Overview

1115-1130: NAF Overview

EDUCATION!

1130-1145: Education Center
Overview
STAP
MyCAA

1145-1200: A&FRC Classes
SOCKS
JST
Overview of general classes that A&FRC offers

1200-1215: **BREAK: Box Lunch served, CLASS CONTINUES**

1215-1255: Survival Tips: Casual Conversation
Questions?
Emergency Room
Shopping Do's and Don'ts
Restaurant Etiquette
Fuel/ Gas Coupons/ Parking

1255-1300: Conclusion
Class Evaluations Distributed and Collected