



July 2010

**Airman & Family Readiness Center
Call 632-5407 to register!**

Year of the Air Force
Family



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Benvenuti Class 0800-1130	2 Benvenuti Tour 0800-1630 Smooth Move 0830-1030	3
4	5 4th of July Federal Holiday	6 Right Start 0800-1630 Pre-Separation Briefing 1300-1500 Money Talk 1400-1500	7 Right Start 0800-1215 Reintegration Briefing 0900-0930 Pre-Deployment Briefing 1300-1430 Sponsorship 1430-1600	8 Benvenuti Class 0800-1130	9 Benvenuti Tour 0800-1630 Smooth Move 0830-1030 Volunteer Orientation 1030-1130	10
11	12 Right Start 0800-1630 Reintegration Briefing 0900-0930	13 Right Start 0800-1215 Key Spouse Meeting 1030-1130	14 Reintegration Briefing 0900-0930 Pre-Deployment Briefing 1300-1430	15 Benvenuti Class 0800-1130	16 Benvenuti Tour 0800-1630 Smooth Move 0830-1030 Couples Connection 1830-2100 @ La Bella Vista	17
18	19 Right Start 0800-1630 Reintegration Briefing 0900-0930	20 Right Start 0800-1215 Pre-Separation Briefing 1300-1500 Financial Planning & Investing 101 1400-1500	21 Reintegration Briefing 0900-0930 Pre-Deployment Briefing 1300-1430 Sponsorship 1430-1600	22 Benvenuti Class 0800-1130 Deployed Spouses Dinner 1800-2000	23 Benvenuti Tour 0800-1630 Smooth Move 0830-1030 Heartlink 0800-1300 @ La Bella Vista	24
25	26 Right Start 0800-1630 Reintegration Briefing 0900-0930 Life in Balance 1030-1130	27 Right Start 0800-1215 Employment Class 0800-1200	28 Reintegration Briefing 0900-0930 Pre-Deployment Briefing 1300-1430	29 Benvenuti Class 0800-1130	30 Benvenuti Tour 0800-1630 Smooth Move 0830-1030	31

Check us out on-line: <http://afrc.avianoab.info>

COUPLES CONNECTION, 16 July, 1830-2100 @ La Bella Vista. This workshop touches on marriage benefits and relationship principles, communication preference, active talk time and behaviors to avoid.

DEPLOYED SPOUSES DINNER, 22 July, 1800-2000. A complimentary dinner for the spouses and children of deployed members which provides an informal networking opportunity and support system for the families.

EMPLOYMENT CLASS, 27 July, 0800-1200. This workshop enhances the marketability and employability of spouses and active duty members and thoroughly discusses developing a resume, effective interviewing techniques, and job search skills.

FINANCIAL PLANNING & INVESTING 101, 20 July, 1400-1600. Designed to provide participants with basic financial planning and investing tools & resources. Topics include: money management, wise credit use, credit reports, identity theft, choosing a financial planner, TSP, stocks, bonds, mutual funds, etc.

HEARTLINK, 23 July, 0800-1300 @ La Bella Vista. This workshop is designed to education military spouses on the air Force culture and to help them adapt to the challenges of the ever changing military life.

KEY SPOUSE MEETING, 13 July, 1030-1130. Meetings are held every other month with guest speakers to provide additional information and resources for the key spouses “tool kit.” It also gives the key spouses an opportunity to share ideas to enhance the unit’s key spouse program.

LIFE IN BALANCE, 26 July, 1030-1130. This new class emphasizes relaxation & stress relief as a coping mechanism. The focus will be on stress management strategies and how to achieve work/life balance.

MONEY TALK CLASS, 6 July, 1400-1530. This money management class includes goal setting, financial planning, credit reports and debt management. Individuals leave the class with important tools necessary to become financially sound.

PRE-DEPLOYMENT BRIEFING, 7, 14, 21 & 28 July, 1300-1430. This class is required for all those going TDY or deploying for more than 30 days and will fulfill your pre-deployment checklist requirement. **Family members are strongly encouraged to attend.**

PRE-SEPARATION BRIEFING, 6 & 20 July, 1300-1500. By law, all transitioning military personnel are required to receive pre-separation counseling no less than 90 days prior to separating from active duty. During pre-separation counseling, you will learn about your benefits and rights, as well as the services that are available.

REINTEGRATION BRIEFING, 7, 12, 14, 19, 21, 26 & 28 July, 0900-0930. The reintegration process is designed to assist Airmen and family members who have endured hardships and sacrifices associated with deployment. It is a collective effort from base agencies to effectively reintegrate the members into the home front, work center, and the community. **Family members are strongly encouraged to attend.**

SMOOTH MOVE, 2, 9, 16, 23 & 30 July, 0830-1030. Provides a consolidated 2-hr briefing of relocation services brought to you by Wing agencies such as AMC, TMO Household goods, Finance, Housing, Legal, etc. and equips you with all the information you will need for a Smooth Move PCS from Aviano AB, Italy.

SPONSORSHIP TRAINING, 7 & 21 July, 1430-1600. All first time active duty sponsors and those who have not had training in over a year are required to attend sponsorship training. The training reviews the basic requirements of sponsorship and provides useful resources to better assist the newcomer.

TRANSITION ASSISTANCE PROGRAM 3-DAY WORKSHOP, 13, 14 & 15 July. TAP workshops are conducted by trained DOL facilitators. Participants will learn to write effective resumes and cover letters, interviewing techniques and successful job search methods.

VOLUNTEER ORIENTATION, 9 July, 1030-1130. Are you interested in volunteering in the Aviano community, meeting new people, learning new skills? Would you like to know more about where to start? The Volunteer Orientation class may be for you!

RIGHT START :

1. Right Start Begins on either Monday (0800) or Thursday (0800):

Monday Start Date: If the newcomer arrives on Thursday, Friday, Saturday or Sunday then they will begin on Monday.

Thursday Start Date: If the newcomer arrives on Monday, Tuesday or Wednesday then they will be begin on Thursday.

2. Registration for Right Start: Call to register the newcomers for Right Start (Monday or Thursday) at 632-5407. Based on the number of newcomers, Right Start may be held Mass Briefing Facility.

3. Right Start starts at 0800 and covers four days; Wednesday is dedicated for house hunting for families or squadron in-processing for dorm residents.

For information or registration, call the A&FRC 632-5407 or 0434-30-5407.

Visit our website at: <http://www.afrc.avianoab.info>.