

What is RELATE?

- The RELATionship Evaluation, or RELATE, is designed to help individuals and couples evaluate the quality of a current premarital or marital relationship on-line. The version of RELATE we are using consists of approximately 250 questions about you, your partner, your family, and your relationship.



- Most people complete RELATE in 30 to 60 minutes.
- The A&FRC has a limited supply of RELATE Tokens, call 632-5407 for more information

What is RELATE?

Topics Covered:

- Relationship/Marital History
- Relationship/Marital Status
- Plans for Marriage
- Attitudes to Marriage
- Relationship Quality
- Relationship/Marital Conflict
- Marriage Preparation
- Sexual Intimacy



What is RELATE?

- Participants create an account, log in, agree to the disclaimer and then take the test. They can choose one of three tests:
- FOR COUPLES RELATE-Whether you're dating, engaged, or already married, understanding yourself and your partner better helps you identify and discuss the challenges and strengths that exist in your relationship.
- FOR SINGLES READY-helps people who are not currently in a relationship to discover their relationship readiness and how specific personal traits will affect future relationships.
- FOR PREVIOUSLY MARRIED RELATE REMARRIAGE-helps couples look at the special dynamics of their new relationship where one or both individuals have been previously married.

What is RELATE?

- Upon completion of the assessment the couple will receive 3 reports regarding their relationship, it's strengths and it's weaknesses.
- Detailed responses
- Resources
- Summary Profile
- Couples have options to decide what actions they want to take based on the information provided in the report



What is RELATE?

- RELATE was developed by the Marriage Study Consortium at Brigham Young University as a comprehensive premarital and marital assessment tool.
- The original version of RELATE was released in 1980 and a subsequent version was introduced ten years later.
- In 1997 the latest version of RELATE was released for use by couples or individuals who are single, dating, engaged, cohabiting, or considering marriage.